

CATHOLIC CHARITIES CHILD & ADULT CARE FOOD PROGRAM

March 2018



“This institution is an equal opportunity provider and employer.”

Spring, a beautiful time of year where everything seems to come to life;
as new life begins to grow, birds chirp and flowers grow;
though April showers come your way, they bring the flowers that bloom in May!

Now that the weather is warming up, try some outdoor activities with the children – watch out for the mud!

Some ideas:

- **Blow bubbles outside.** Try playing with wands of different sizes!
- **Draw with sidewalk chalk.** Try writing each other's names or drawing spring flowers.
- **Go Fly a Kite** Have a variety of colorful kites
- **Play hopscotch** one of those "old fashioned" outdoor games.
- **Eat lunch outside.** have a picnic!
- **Hula Hoop**



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Paperplate Turtle

Materials:

1. Green construction paper
2. 2 paper plates (6")
3. Dot markers
4. Marker
5. Stapler
6. Scissors

Instructions:

7. Using dot markers, decorate bottom of one plate for shell.
8. Cut out head, legs and tail Draw a face and toenails a on turtle parts.
9. Assemble turtle by placing shell plate and bottom plate together (bottom plate face up, and shell plate face down).
10. Place head between plates and staple.
11. Repeat for legs and tail.
12. Thank you www.funcrefts4kids.com

Cook brown rice (WG) and show the children how to use chopsticks.
Or try whole grain pasta with chop sticks.



Are you open for business on a federal holiday? Please keep in mind that KidKare defaults all providers to being closed on all federal holidays. If you are open and providing care, online providers must go into Kid Kare and change your schedule. Paper menu providers must note it on the CIF.

Office Closings Our Office will be closed Monday May 28, 2018 in observance of Memorial Day.

Catholic Charities Child & Adult Care Food Program (CACFP)

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