

WHAT WILL YOUR LEGACY LOOK LIKE?

It's a common misconception that you have to have a lot of money to leave a legacy. In reality giving in any amount is greatly appreciated, and in many instances, through planned giving, you can make a gift that costs nothing during your lifetime, but offers substantial rewards for you, your estate and all those we serve at Catholic Charities Maine for generations to come.

For some it's a cash gift, for others a car — there are many options for planned giving, all of which offer their own rewards...including some potentially substantial tax savings.

The best way to ensure your needs and wishes are met is to discuss planned giving with your financial advisor and determine which giving strategies is best for you, your loved ones, and your estate.

For more information and to request a copy of our FREE Planned Giving brochure to help guide you through the planned giving process, contact the Development Office at 523-1188 or development@ccmaine.org

Request a
FREE copy!



Catholic Charities Maine making every penny count

PHILANTHROPY REPORT

SPRING 2017

THANKS TO YOU!

Our Legacy of Service Remains Strong Thanks to Donor Support

Our 2016 Fall Appeal, celebrating the 50th anniversary of Catholic Charities Maine, was a huge success:

- **Giving increased 59% over 2016!**
- **The average gift amount was \$403.64!**
- **518 donors! 196 were first-time donors!**
- **Total amount raised — \$209,083!**

Thank you for this outpouring of support to ensure our legacy of caring for Maine's most vulnerable populations continues!

These funds enable us to provide counseling services to individuals battling drug and alcohol addictions; homemaker services to seniors and persons with disabilities; support to children and adults struggling with a mental illness or a developmental disorder; quality child care for low-income families; food, clothing, affordable dental care and the most basic of needs to families in crisis, and so much more. It is because of the generosity of donors like YOU that we are able to provide help and hope to so many in Maine. Thank you!

Did you know?
91 cents of every dollar
we receive goes directly to
those in need and
100% stays in Maine!

CLIENT SPOTLIGHT

A Client in Recovery Discovers the Power to Change Lies Within

A "thank you" note from a Client is excerpted below, it was written upon completion of a Medication Assisted Treatment (MAT) group through our Behavioral Health Network's Counseling Services.

When I first started I was hesitant to listen to anyone, nor did I think anyone even really cared about my sobriety; however, I decided to open up and try to take something away from my groups and the facilitators. I was getting high for about two months when I got out of the halfway house and was hiding it well, telling all of the counselors and everyone that I was doing great. Eventually it spiraled out of control — like it always does and next thing I knew I was asking for help. That in itself was a big step for me because I never asked for help before in my entire life.

I entered MAT with a positive attitude and willingness to share and participate which was huge for me because I was more receptive to the information I was learning. I learned a lot about myself in this program, such as, the fact that I am a serious person and can get a lot accomplished if I set my mind to it and set it as a goal. I have also learned that Catholic Charities does care about me and everyone else that is taking recovery seriously.

Another thing that I have gotten out of this group is great friendships with sober people that are all serious about their recovery. **It has shown me all of the different types of people that have suffered the same disease as me and shows me for sure that addiction doesn't discriminate.**

Today I can honestly say that I am confident in myself and in my recovery. I have learned to never take the little things for granted, and it is very important to surround yourself with friends and family that are healthy for your recovery because you are a product of your environment. **Now that I have opened up and started to listen instead of being stubborn and thinking everyone is out to get me I have literally accomplished every goal I have set for myself.** I have a nice apartment, a new car, I'm engaged, I'm sober, I am a much happier person in general and super positive. I have a good standing bank account that I have had for over a year and it's helping me build my credit. I have completely replaced every single thing I lost when I went to prison with all nice new things all from hard work and legal money. I have a great job that pays good and provides great health and dental insurance.

All of this has happened not only from my hard work but from just getting a chance from Catholic Charities and a group of people believing in me.

Catholic Charities' Counseling Services, part of our Behavioral Health Network, is on the front lines of battling the opioid epidemic in Maine and is committed to each Client's success. If someone you love is struggling with a substance use disorder, or to support the program, please visit www.CounselingCCM.org

GOLF CLASSIC TEES UP TO PROVIDE CHILDREN'S SCHOLARSHIPS

Did you know that the annual cost of child care can account for nearly 60% of a minimum-wage, full-time single parent's income? If this were your budget, can you imagine trying to factor in housing, food, utilities and gas? What if you had more than one child? Here's what the numbers look like for many low-income, working families in Maine:

Infant Care: \$215/week = \$11,180/year
Toddler Care: \$200/week = \$10,400/year
Full-time Job: \$9.00/hour = \$18,720/year

We see the demand for affordable, quality child care is great, and our annual Golf Classic, established 15 years ago by and with continued support from Olympia Sports, raises critical funds to ensure all children, regardless of income, have a safe, nurturing place to learn and grow.

Our 15th annual Golf Classic will be held on Monday, September 18th at The Woodlands Club in Falmouth and this year our goal is to raise \$65,000 for the *Put Children First* Scholarship Fund — a fund that supports the cost of child care for low-income working families at our Centers. Without this vital program, single parents and struggling families cannot break the cycle of poverty and children aren't given the opportunity to reach their fullest potential.

There are many ways individuals and businesses can join in supporting this critical need!

- Join us in playing golf either as an individual or register a foursome;
- Pledge to "buy a week of childcare" at \$195;
- Buy a chance in our Helicopter Ball Drop for a chance to win up to \$5,000!
- Donate an item for our live auction or raffle;
- Sponsor the event!



Visit ccmaine.org/golf or call the Development Office for more information or to sign up to be a volunteer, 523-1188. Together, we can *Put Children First!*

MAKING EVERY PENNY COUNT:

Stories from the Field

During Children's Dental Health Month Dr. Meredith Davis from **Jessie Albert Dental & Orthodontic Center in Bath** provided free dental screenings to 146 first graders! As part of the Center's commitment to ensure quality dental care is available to everyone, Dr. Davis has made these school visits for 2 years and counting. In addition, students receive a new toothbrush and dental floss to ensure even more healthy smiles for years to come!

We are so proud of our tireless volunteer **Julie Abbott** who was recognized as "Volunteer of the Year" at the Governor's Awards for Service & Volunteerism! Julie has volunteered for our Parish Social Ministry program for 5 years as a phone operator for our Relief & Hope emergency assistance hotline. We are so grateful for her dedication and thrilled she has been recognized with this honor.



(L to R) John Portela, the Chair of the ME Commission for Community Service; Julie Abbott of Gorham; First Lady of Maine, Anne LePage; and emcee Irv Marsters.

In 2016 alone, Abbott helped more than 550 callers and logged more than 380 hours with Catholic Charities. While Julie's dedication is certainly exemplary, you don't have to have 300 hours to spare to make a difference in your community. With 20+ programs across fifteen sites there are a myriad of ways you can give back by volunteering; whether for a couple hours a week, a month or just helping with a one-time special event. For more information about volunteering, visit www.ccmaine.org/volunteers

Organizations Offering Hope through Grants & Donations

Catholic Charities is thrilled to receive **\$218,255 in funding from the United Way of Greater Portland** as part of its new Thrive framework, in which community leaders collaborate with funders and service delivery agencies to concentrate resources in areas that can measurably improve lives of the most vulnerable residents in Greater Portland. Catholic Charities' programs receiving funds include St. Elizabeth's Child Development Center, Counseling Services, Refugee & Immigration Services, Support & Recovery Services and Independent Support Services.



(L to R) Stephen P. Letourneau, CEO of Catholic Charities Maine; Elizabeth Sedlock, Bob Evans Foods, Inc.; Dixie Shaw, Director of Hunger & Relief Services at Catholic Charities Maine and Rodney McCrum, president of Pineland Farms.

Catholic Charities Maine's **Food Bank in Aroostook County** received a **\$10,000 donation from Pineland Farms and Bob Evans Farms, Inc.** in May to help combat hunger insecurity in Maine's northern most county.

Bob Evans Food, Inc. recently purchased Pineland Farms and it's great to see their investment in Maine's economy is also extending to the local community. "We are excited to be part of the Pineland Farms family and are especially pleased to help a local project such as Catholic Charities' Food Bank, which is addressing a critical need in the community — ending hunger insecurity" said Elizabeth Sedlock on behalf of Bob Evans Foods, Inc.

The University Credit Unions of Maine nine branches turned their "dress down" Fridays into a true going casual for a cause event! Over the last year employees could wear jeans and credit union t-shirts if they make a donation to the food bank project. Our Food Bank in Aroostook County was delighted to receive a check for \$872.96 from their efforts!

(Pictured at right, L to R) Jim Krysiak, CCM's Food Bank Warehouse Manager; Tonya Pickering, University Credit Union Executive Assistant; Carolyn Cheney, University Credit Union Director; and Jessica Ouellette, University Credit Union UMPI Campus Branch Manager.



Turn that
HEAP of metal
into **HOPE**



for those
most in need here
in Maine!

Did you know?

Catholic Charities Maine welcomes donations of:

- Cars
- Trucks
- Boats
- Motorcycles
- Trailers and more!

Even if it's no longer road-worthy it can still help someone on the road to recovery, independence and provide hope and healing for the more than 56,000 Mainers in need we serve each year.

How it works:

1. Call 855-460-GIVE or 855-460-4483 or go online to www.ccmaine.careasy.org
2. Your vehicle will be towed at no cost to you!
3. Receive a tax credit and support our mission.

Regardless of what state you live in or where the vehicle is located, your donation can benefit CCM so please call us or go online for more information.

To make a vehicle donation visit:
www.ccmaine.careasy.org

SAVE THE DATE
MAINE World Refugee Day · JULY 8, 2017

Plan to join **Refugee & Immigration Services on Saturday, July 8th from 4-8pm for a World Refugee Day Celebration** at Cheverus High School in Portland!

A global celebration that is held annually to recognize the courage and struggles of the more than 21 million refugees worldwide displaced by war and persecution, in Maine the occasion will be marked with a free, family-friendly gathering celebrating the food, music, art and culture that refugees bring to our communities.

The event is free; however tickets are required for entry and can be reserved online at www.ccmaine.org/WRD