

Building supportive relationships with seniors in our communities

Since the fall of 2004, the Greater Bath Elder Outreach Network (GBEON) has been a volunteer-based effort to locate and contact vulnerable seniors who are isolated and/or live alone in Sagadahoc County and Brunswick areas with a goal of building supportive relationships in our communities.

GBEON helps seniors feel less isolated and more connected to a caring community, while also remaining independent in their own homes. We provide free support services via trained volunteers including socialization opportunities, transportation for grocery shopping and errands, and links to needed community resources. Our mission is to create long-term support to meet the needs of all seniors regardless of income.

Funding:

GBEON is supported by the Roman Catholic Diocese of Portland, United Way of Mid Coast Maine, Bath Housing Authority, The Davenport Trust Fund, Bath Rotary, Helen & George Ladd Charitable Foundation, JTG Foundation, Bessie D. Brooks grant, Doree Taylor Charitable Foundation and donations from individuals, businesses and civic groups.



For more information, please contact:

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Greater Bath Elder Outreach Network (GBEON)



Promoting
independent living
for Maine's seniors.





GBEON is a program that:

- Provides free services by matching trained volunteers with seniors of all faiths living in Sagadahoc county and Brunswick areas, to help them to remain independent in their homes.
- Provides rural outreach for seniors in the towns of Arrowsic, Bowdoin, Bowdoinham, Georgetown, Harpswell, Phippsburg, Richmond, Topsham, West Bath and Woolwich. We will also be recruiting volunteers from the rural towns that we serve to support the seniors from their own communities!

Services that we offer:

- Friendly visitation and companionship
- Telephone reassurance
- Transportation to appointments
- Help with correspondence/forms
- Help with errands/grocery shopping
- Help with home projects & yard work
- Referrals to other services and programs

Who can request services?

- Potential clients themselves
- Families, friends, or neighbors
- Home health services, social service agencies, hospitals, and senior centers.

Who does it:

Screened and trained volunteers, depending on their individual availability, contribute time and activity to seniors. Our community volunteers come from all faiths, age groups and all walks of life.

How it happens:

After receiving and assessing a referral, the GBEON Program Coordinator matches the senior participant with a volunteer. Matches are based on the senior's needs and the volunteer's availability to provide the service.

Consider Team Volunteering!

Invite your spouse or a friend to join you in a rewarding experience!



How can you help?

- Spread the word about this program
- Volunteer a few hours a week or a month
- Provide transportation for a senior
- Provide financial support
- Encourage others to volunteer
- Involve your church, school or civic organization
- Become an Advisory Committee member



How do I get started?

To learn more about receiving services, volunteering or contributing, please contact the GBEON Program at (207) 837-8810 or wrussell@ccmaine.org.

Visit us online at www.ccmaine.org.