

# Financial Wellness Mentoring Program



## Empowering Parishioners through Budgeting and Beyond

Did you know the majority of Americans are living paycheck to paycheck? And while it's still technically "getting by," the smart thing to do if you find yourself in this situation is to re-examine your finances to find ways to save! Managing money wisely can have a positive impact on one's life. Managing money is a skill. Skills can be taught and are strengthened through practice.

**Parishes can be a vehicle to raise the level financial skills in their communities!**

Catholic Charities' Parish Social Ministry Financial Wellness Mentoring Program seeks to help by:

- Organizing and training parish groups to offer financial literacy through workshops and one-on-one mentoring to their communities
- Providing community resources and web resources for learning money management skills

## Who Can Help?

Individuals in the community who have an interest in financial matters and a passion for helping others on the path to financial empowerment can be mentors. Volunteer mentors do not need to have a professional background in financial matters, as basic training will be provided by our program partner Key Bank and bank representatives will be available for questions as needed.

## How You Can Help?

Mentors are expected to undergo basic training for the ministry conducted by Key Bank. Upon completion, Mentors will be assigned a mentee (individual or couple) and will meet with them regularly on an ongoing basis to help guide them toward sensible money managing practices that can help reduce stress surrounding financial matters. A tool kit will be provided to Mentors to facilitate the money management process.



## How to Empower Your Community on the Path to Financial Wellness:

If you are interested in developing a Financial Wellness Mentoring Program in your community, please contact us. Parish Social Ministry will help with all the logistics associated in establishing this important ministry, including setting up the ministry, outlining the parameters and setting guidelines to ensure its success. We will also connect you with representatives from Key Bank to train volunteer mentors; provide manuals for implementation and offer ongoing support throughout your efforts.



### CONTACT:

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In partnership with:

