

What we do

The focus of this program is to help refugees age 60 and older gain access to services that meet their needs in a way that is supportive of their overall well being. Funding for this program provides important resources, including a dedicated staff, volunteers and interpreting services. Overall there is a focus on helping elders connect to the community. It is recognized that the needs of elders vary for each individual, so this program offers a wide range of services that cater to specific needs. There is no limitation on the type of services available, and people are encouraged to present any and all requests they may have.

A key component to the success of this program is devising ways to contact the elder population and generate awareness about the services available. One program strategy is to facilitate elder outreach by connecting with key leaders in the community who can represent the elder population and the issues they face. Another strategy and program objective is to develop and foster ongoing working relationships with various state agencies, non-profits, community groups and volunteers who currently provide both formal and informal services to refugees and the elderly.

Elder Refugee Services

Portland

Judith Southworth
Elder Services Coordinator
(207) 523-2793
jsouthworth@ccmaine.org

Lewiston

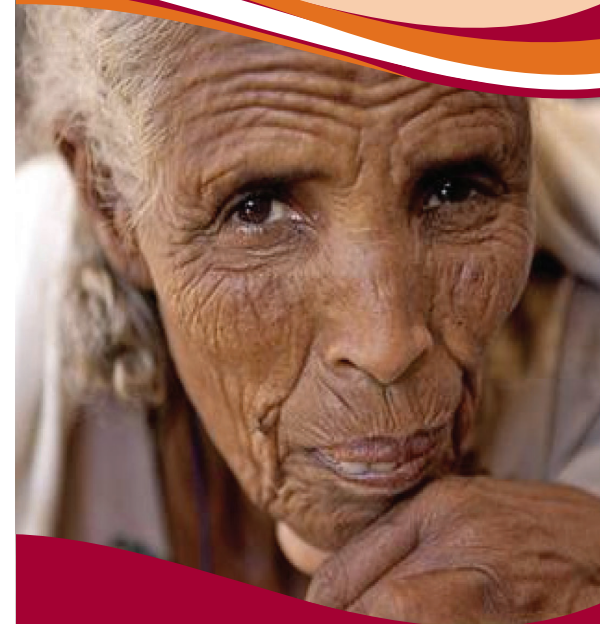
Elder Services Coordinator
Inza Ouattara
(207) 514-1471
iouattara@ccmaine.org

Time Bank Liaison

John Nale
Time Bank Liaison
(207) 523-2745
jnale@ccmaine.org

RefugeeImmigrationServicesCCM.org

Elder Refugee Services



Connecting people
in our community



Elder Refugee Concerns

Isolation

- Family loss and separation
- Difficulty in advocating for themselves because of cultural, language or educational barriers

Aging and Illness

- Chronic health and emotional problems stemming from the conditions of refugee flight
- Limited access to appropriate health and social service agencies

Income and Naturalization

- Limited incomes due to life and work histories
- Barriers to meeting requirements for naturalization, especially the English proficiency generally required for Citizenship preparation classes

Our Services

Citizenship

We guide elder refugees through the process of obtaining a United States citizenship.

Tutoring

We provide tutoring in English as a Second Language (ESL) and literacy.

Time Bank

This community program allows individuals to provide and receive a wide range of services.

Interpreting Services

Our Language Partners service provides interpreters and translation services.

Individual Needs

This includes but is not limited to transportation, in-home assistance, shopping and socializing.

Eligibility

All refugees and asylees (granted) age 60 years and older.



How You Can Help

Volunteer

Dedicated individuals are encouraged to contact us if they would like to invest some of their time to help refugees connect with the community.

Collaborate

Any and all organizations interested in collaborating with Elder Refugee Services are encouraged and welcome.

Outreach

Become more involved in your community. Take time to observe and ask elder refugees in your neighborhood if they need assistance with anything.

To learn more about Catholic Charities Refugee & Immigration Services' Elder Refugee program, please contact one of our coordinators at **(207) 523-2793** (Portland) or **(207) 514-1471** (Lewiston) or email us at RISinfo@ccmaine.org.

Visit us online at:
RefugeeImmigrationServicesCCM.org